Here are the crops for 1860's as published by the Texas Commissioner of Insurance and Statistics, published August 1860. He reported that:

Corn
Cotton
Sugarcane
Tobacco
Rice
Potatoes ( Irish & Sweet )
Melons
All garden vegetables

Are successful crops and can be grown profitably in this region. Cotton, Corn, and Sugarcane were the larger of the crops grown.

Stephen L. Smith, a brother to Deaf Smith, wrote that between 1850 & 1860 he grew Sugar, Corn, Sweet potatoes, peas, and Irish potatoes. He also made Cane syrup and Molasses.

					Sugar ( 1000 lb	
Rank	Corn (# of Bushels) Harrison Co.		Cotton (# 400 lb bales)		hogshead)	
1	376,620		Colorado	4,771	Brazoria	4,811
2	Rusk Co. Cherokee Co.	280,353	Harrison	4,581	Matagorda	1,394
3	226,660 Brazoria Co.		Washington	4,008	Wharton	317
4	213,225		Brazoria	3,531	Victoria	120
5	Case Co. Washington Co.	167,250	Austin	3,205	Liberty	115
6	161,743 Travis Co.		Wharton	2,892	Rusk	101
7	149,365 Austin Co.		Rusk	2,659	Fort Bend	100
8	149,230 Bastrop Co.		Fort Bend	2,465	Houston	82
9	148,360 Nacogdoches		Grimes	2,282	Austin	60
10	139,110 (12) Fort Bend 135,205		Matagorda	1,613	Jefferson	41

(State Wide Agricultural Statistics, 1850)